

## BEAUTY SPAS

### POSTCARDS FROM PARIS: 2 FRENCH SPA EXPERIENCES

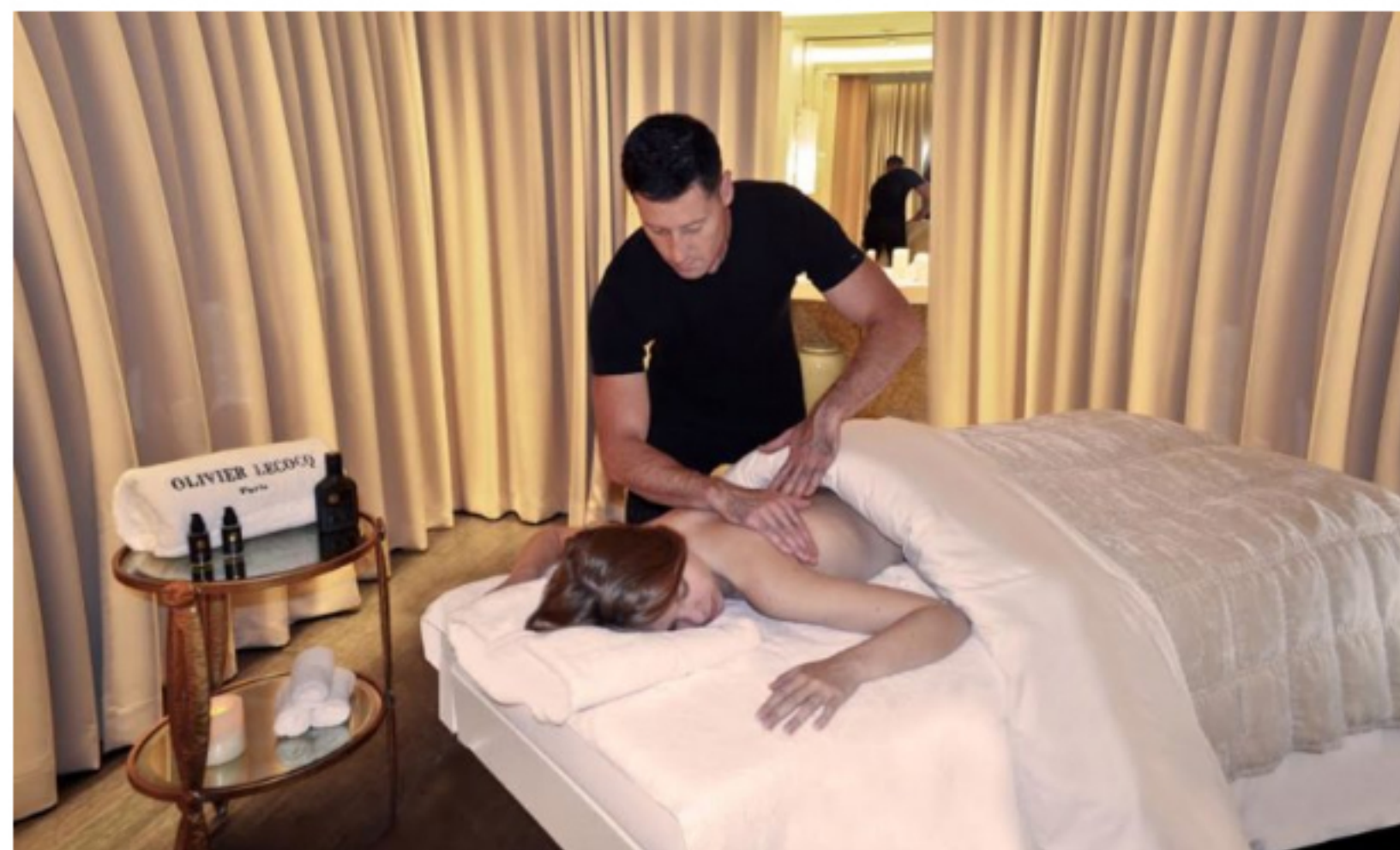
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And now meet **Olivier Lecocq**, one of Paris' leading massage therapists and favourite with many five-star hotels. Following a signature massage at his latest venue, **hotel Le Saint** (might I mention that it was one of the best I've ever had), I had the opportunity to ask this wellness expert how he achieved his stardom in the world of wellness.

With passion in his voice, Olivier told me his story, from studying architectural landscape design to serving on the police force, to his fascination with the world of wellness. Soon after beginning his career in 1997, this pioneer in his field developed new ultra-sensory relaxation techniques using touch.



In 2002 he founded **Monmasseur Paris**, luxurious home services that replicated the setting of a grand Parisian hotel. This led him to exclusive contracts with **Le Meurice** and the **Ritz Health Club**. After heading the After The Rain spa for the Renaissance Paris Vendome Hotel, Olivier opened the Monmasseur Spa at the Lutetia Paris Rive Gauche Hotel in 2009.



It was there that he began to use his own line of treatment products: **the Unique Elixir by OLIVIER LECOCQ**. Made locally in Grasse, the brand is committed to sustainable development and is against all animal testing. Its products free from all parabens, artificial perfumes or colours. 100% natural essential oils and aromatic plant extracts are united to create divine serums, creams, masks and scrubs, all protecting the skin and soothing the soul.



During my massage, I was blissfully enveloped in these natural elixirs and felt complete relaxation under Olivier's professional touch. Want to try his services yourself? Olivier offers exclusive treatments at Luxury Collection Le Prince de Galles hotel, using only his own natural products. His most recent collaboration is with newly opened five-star hotel **Le Saint in Saint-Germain**, where he offers 75-90 minute massages, a holistic wellness experience unlike any other.

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